



The European
Heart Project

NeedsType Questionnaire

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Dear Teacher,

Welcome to the Needs Type Questionnaire!

We developed this questionnaire for you to find out which of the Five Basic Needs is the most important for you personally. This can help you

→ *Better understand why you behave the way you do in certain situations.*

→ *Better understand what significantly influences your decisions*

→ *Discover more opportunities for yourself*

It consists of questions about your motivation for choosing the teaching profession, your role as a teacher and colleague, and your preferred working conditions.

Follow these steps:

First answer the questions. For the evaluation, it is very important that you think carefully about which of the statements apply more to you and which less, because this is the only way to get a clear result. Probably all of the statements listed have a certain relevance for you, but which ones apply the most?

For each question, give the corresponding points. It always goes like this: **0** means *least important* and **10** means *most important*. **Example:**

2	In my relationship with my pupils, it is particularly important to me that ...	0	1	2	3	4	5	6	7	8	9	10
2.1	My pupils can rely on me.									8		

We have tried to format the questions in such a way that you have an overview of the evaluation of the statements and can thus compare them with each other.

1	My motivation for choosing the teaching profession: I became a teacher because ...	0	1	2	3	4	5	6	7	8	9	10
1.1	I want to accompany and support children and young people in their development.											
1.2	I love my subject and want to pass this on to the pupils.											
1.3	I like to accompany young persons in their research and discovery.											
1.4	It is a safe profession.											
1.5	I can prepare my lessons in a relatively flexible and self-determined way.											
1.6	I enjoy learning myself and want to pass this on to the pupils.											
1.7	I like to guide and lead.											
1.8	I feel alive when I work with children and young people.											
1.9	I was able to get a good picture of this profession during my own school years and could well imagine what to expect.											
1.10	I have more free time in this profession.											
1.11	As a teacher, you are an important reference person for children and young people.											
1.12	I can organise my lessons the way I think is best.											
1.13	I want to give our young people a good education and thus a good basis for their lives.											
1.14	I myself had a wonderful teacher who inspired me to take up this profession.											
1.15	I see in this profession an opportunity to make an important contribution to our society.											

2	In my relationship with my pupils, it is particularly important to me that ...	0	1	2	3	4	5	6	7	8	9	10
2.1	My pupils can rely on me.											
2.2	My pupils respect me.											
2.3	my pupils like me.											
2.4	We can laugh together despite all the seriousness.											
2.5	My pupils develop their own personalities.											

3	I think it is particularly important to support pupils so that ...	0	1	2	3	4	5	6	7	8	9	10
3.1	They know their strengths and can use them.											
3.2	They develop good learning strategies.											
3.3	They can form their own opinions.											
3.4	They do not lose their curiosity and liveliness.											
3.5	They find their place in the class community.											
3.6	They can work independently.											
3.7	They make their own suggestions.											
3.8	They discover what is "theirs."											
3.9	They develop their social skills.											
3.10	They realise how important education is for a sustainable future.											

4	In my lessons, it is particularly important to me that ...	0	1	2	3	4	5	6	7	8	9	10
4.1	I enthuse my pupils about my subject.											
4.2	My pupils pay attention and contribute well.											
4.3	That there are rules that everyone abides by.											
4.4	The pupils find my lessons exciting.											
4.5	I can also share critical views with my pupils.											

5	Which values are particularly important to you to convey to your pupils?	0	1	2	3	4	5	6	7	8	9	10
5.1	Fairness											
5.2	Prudence											
5.3	Self-responsibility											
5.4	Creativity											
5.5	Competence											
5.6	Cohesion											
5.7	Respect											
5.8	Initiative											
5.9	Critical thinking											
5.10	Development											

6	As regards my colleagues, it is particularly important to me that ...	0	1	2	3	4	5	6	7	8	9	10
6.1	That we stick together as a team and support each other.											
6.2	That it's also okay if I'm not with them everywhere.											
6.3	That I can trust them.											
6.4	That the atmosphere is good and we cheer each other up.											
6.5	That my suggestions and contributions are taken into account.											

7	My colleagues particularly appreciate ...	0	1	2	3	4	5	6	7	8	9	10
7.1	My reliability.											
7.2	My good ideas.											
7.3	My solidarity.											
7.4	My competences.											
7.5	My sense of humour.											

8	I get into top form when ...	0	1	2	3	4	5	6	7	8	9	10
8.1	I have enough freedom to implement my ideas.											
8.2	The relationship with the class and colleagues is good.											
8.3	My efforts are appreciated and valued.											
8.4	Everything goes according to plan.											
8.5	I can operate outside of the daily routine.											

9	How important are these criteria to you when participating in a training course?	0	1	2	3	4	5	6	7	8	9	10
9.1	Clarity											
9.2	Freedom of expression											
9.3	Methodology											
9.4	Competence of the trainer											
9.5	Relationship											

This is how you get your result:

Enter in the tables on the next page how many points you gave to each question.

Example: For example, if you marked cell 5 in question 1.2, you have given 5 points.

1	My motivation for choosing the teaching profession: I became a teacher because ...	0	1	2	3	4	5	6	7	8	9	10
1.2	I love my subject and want to pass this on to the pupils.						5					

So, enter the number 5 in the corresponding table:

Love & Belonging	
Question	Points
1.2	5

Evaluation charts:

Love & Belonging	
Question	Points
1.2	
1.11	
1.14	
2.3	
3.5	
3.9	
4.1	
5.1	
5.6	
6.3	
7.1	
8.2	
9.5	
Sum	

Security & Survival	
Question	Points
1.4	
1.9	
1.13	
2.1	
3.2	
3.10	
4.3	
5.2	
5.7	
6.1	
7.3	
8.4	
9.1	
Sum	

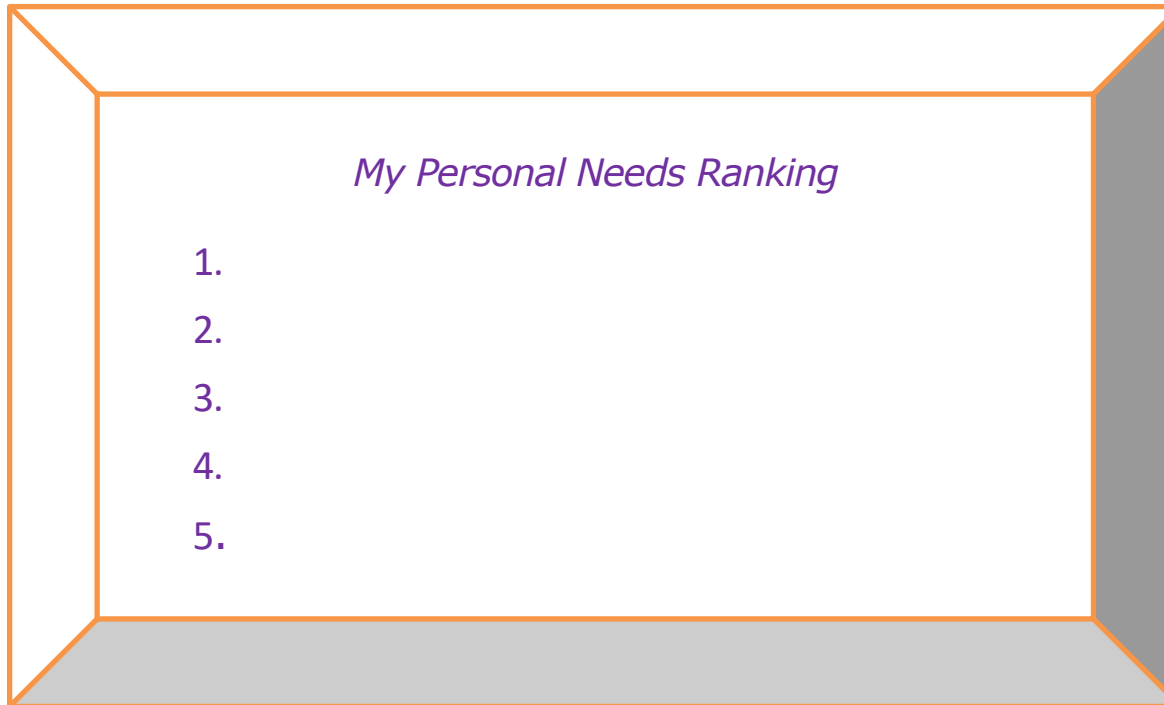
Power	
Question	Points
1.1	
1.7	
1.15	
2.2	
3.1	
3.7	
4.2	
5.5	
5.8	
6.4	
7.5	
8.3	
9.4	
Sum	

Fun	
Question	Points
1.3	
1.6	
1.8	
2.4	
3.4	
3.8	
4.4	
5.4	
5.10	
6.5	
7.4	
8.5	
9.3	
Sum	

Freedom	
Question	Points
1.5	
1.10	
1.12	
2.5	
3.3	
3.6	
4.5	
5.3	
5.0	
6.2	
7.2	
8.1	
9.2	
Sum	

My Personal Needs Ranking:

Enter your score here: The need that has achieved the highest score is your number one. Below that, enter the need with the second highest score, and so on.



My Personal Needs Ranking

- 1.
- 2.
- 3.
- 4.
- 5.

Surprising? Or clear from the start anyway? Whatever your result, if you observe yourself in your everyday work, you will see it confirmed or declare it incorrect. In any case, you have won if you have a good connection to your needs.

We wish you success and all the best in this!